2025 2026

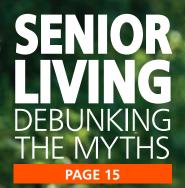


A publication of the Medina County Senior Services Network (MCSSN)



Common Misconceptions About Home Care

PAGE 10





FAMILY OWNED AND OPERATED IN THE HEART OF HISTORIC MEDINA

INDEPENDENT, ASSISTED & MEMORY CARE

CAMPUS HIGHLIGHTS

On-Site Pinnacle Care Providers Board-Certified Geriatrician Physician. AXIS Home Healthcare for PT, OT, ST and Skilled Home Health Services. Social, Spiritual and Educational Opportunities Seven Days a Week.

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Welcome to the 2025 / 2026 issue of Senior Solutions Resource Guide.

We hope you find the information within helpful and resourceful. This guide features services and information provided by Medina County Agencies, MCSSN members and contributors.

ABOUT US

MCSSN (Medina County Senior Services Organization) is a 501-c3 Non-Profit Organization dedicated to advocacy and care for older adults. Comprised of northeast Ohio area care givers, in-home and at assisted living facilities, medical and non-medical facilitators and service providers, home and health service professionals, local-state-national older adult agencies and consulting services, all have a special concern for the well-being of older adults. Our mission is to assist seniors in aging gracefully and aging in place with dignity and self-determination.

This free Resource Guide is brought to you bi-annually in conjunction with Medina County Senior & Adult Services to help answer your questions!

www.MedinaSeniorServices.org

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My Health Architect

A CONTINUES OF THANDS

Dedicated to Improving the Quality of Life for Medina County Seniors

The HANDS Foundation has been serving seniors in Medina County since 1995. We assist and help seniors in our community to achieve an improved quality of life.

CELEBRATING 1995 30 YEARS! 2025

330-225-4242 HANDS-FOUNDATION.ORG OfficeHandsFound@aol.com My Medicare Network Raymond James Romig Finnicum Insurance Stacey Ries, Ries and Company, LLC TLC Insurance Group Velocity Advisors

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Bring hope, comfort and dignity to those facing life's most vulnerable moments. Your support of Hospice of the Western Reserve ensures exceptional care for patients and families across Northern Ohio.





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MEDINA COUNTY SENIOR & ADULT SERVICES

Medina County Senior & Adult Services 246 Northland Drive, Ground Floor Medina, OH 44256 330-723-9514 www.mcsas.org



We are the Medina County Senior and Adult Foundation. www.mcsaf.org







A full service center to meet all of your needs. Offering services throughout Medina County including nutrition, transportation, benefits assistance, trips and social activities. Check us out!



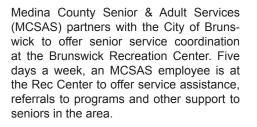
Staff also available in Brunswick and Wadsworth 246 Northland Dr., Medina 330.723.9514 • www.mcsas.org Medina County Senior & Adult Services (MCSAS) is dedicated to helping adults and their families by providing education regarding benefits and services available in Medina County and beyond. Our services are extensive and range from simply providing referrals to helping seniors enroll in eligible programs, including Medicare and the Home Energy Assistance Program.

Transportation can be an issue for seniors and those with disabilities. We work with Medina Count Public Transit and visit people in their homes to register them for in-county transit trips. Subsidized trips include those for medical appointments, groceries, or social service agencies. For those who are homebound, outreach workers make visits to determine eligibility for home-delivered meals. On average, seven routes throughout the county serve more than 190 hot, nutritious lunchtime meals daily, at no charge. The Medina County Human Services Levy makes these services possible with help from Title III funding provided by the Western Reserve Area Agency on Aging through the Ohio Department on Aging.

MCSAS has one central senior center for programming throughout the county and coordinates senior services in Brunswick. MCSAS also operates the café at the Wadsworth Soprema Senior Center. We have meal programs in all locations. Our Medina County Senior Center, located in Medina, is a fun place for seniors to gather with friends, new and old, and enjoy a tasty meal with good conversation. Guests are offered fun activities such as Senior Day in May and Picnics on the Patio throughout the summer. Other entertaining and informative activities in our senior centers include lunch and learn programs, day trips, weekly exercise classes, card games, yoga classes, bingo, and special holiday celebrations. Seasonal programs offered include assistance with Senior Farmer's Market Nutrition Program and scheduling for free tax preparation by AARP volunteers. Our programs are featured in our newsletters, available in Brunswick and Medina. or online at www.mcooa.org, Facebook or Instagram.

Come and see us or give us a call. There is always something exciting taking place at one of our locations, join us!

CITY OF BRUNSWICK SENIOR SERVICE COORDINATION



MCSAS provides a nutrition program at the Rec Center twice weekly for seniors who register. Any adult age 60 or over is qualified for this program. Various free health screenings are also available on-site from local professionals and agencies.

There is an amazing variety of activities offered to Brunswick area seniors at the Rec Center, including a weekly free lunchand-learn, bingo, Mah Jongg, R.O.M.E.O. (Retired Old Men Eating Out) Club, and Single Ladies Clubs as well as line dancing, culinary and gardening clubs, knitting, art classes, and much more. The Brunswick Recreation Center is proud to offer Silver Sneakers classes to all who qualify. And don't forget to check out the Brunswick Recreation Center's summer concert series for your listening and dancing enjoyment. Trips are coordinated through both the Medina and Brunswick locations offering monthly casino trips and many non-gambling excursions several times throughout the year. MCSAS produces the Brunswick Senior Spot, a newsletter that comes out bi-monthly and keeps everything on the calendar organized and our seniors informed!

Our largest event of the year, the Brunswick Senior EXPO, takes place every March. Over 60 vendors that provide services for seniors are on hand to meet, greet and inform. Tasty treats are available for all! This event is free and open to the public.

If you have not had the chance to stop by and visit this fully functional and up-to-date recreation center, please drop in.

The Brunswick Recreation Center is located at 3637 Center Road, Brunswick, OH 44212 (across from the library). Senior Coordinator can be reached at 330-416-3680.





CASE MANAGEMENT in Medina County for Seniors

Case management is a service provided in the home to seniors, their caregivers, and their families. It often helps families plan for life's next steps or get them through a crisis by defining the immediate issues, setting achievable goals and close support to help meet those goals. While there are several different types of case management service providers, including insurances, we offer some specialty services in Medina County.

OPTIONS COUNSELING PROGRAM, MEDINA COUNTY SENIOR & ADULT SERVICES

MCSAS offers short term case management to individuals or families who are ready to look at alternatives to keep their aging loved ones in the home or to transition into alternative living arrangements. Many times, as people grow older, they need assistance to keep aging in place. An Options case manager helps seniors, and their caregivers assess their current living situation and help to set obtainable goals for their future. Together they will see what resources are available to help them, whether it is financial help, linking to other services, nutritional help, or other supportive services. MCSAS case management is voluntary and free of charge. Options Counseling is available to any adult, age 18 and over.

330-723-9514

EMOTIONAL WELLNESS AND CATHOLIC CHARITIES OF MEDINA COUNTY

Catholic Charities Senior Case Management program is a more intensive case management service. It offers both in home counseling and case management for seniors in need with the focus on helping each person achieve their best level of functioning as well as they increase their ability to succeed in the community. Catholic Charities Senior Case management can assist with adjusting to different stages of life. Services offered may be available at affordable pricing, no cost and/or covered by insurances for services. It is available to any adult age 65 and over.

330-723-9615

ADULT PROTECTIVE SERVICES, MEDINA COUNTY SENIOR & ADULT SERVICES

Sometimes, older adults in the community fall victim to physical abuse and neglect, self-neglect or financial exploitation. Adult Protective Services (APS) investigates allegations of the abuse or neglect of adults aged 60 and over. Investigations can involve case management to help alleviate the causes of maltreatment. This could include securing service providers in the home, obtaining medical treatment for victims of abuse or neglect, police involvement or court-ordered services, as well as other supportive action. All APS investigations and any case management services that result from these investigations are provided at no cost. Referrals for suspected abuse or neglect of an older adult can be made by calling

330-661-0800





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2025 / 2026 SENIOR SOLUTIONS (8) www.MedinaSeniorServices.org

Aging and Disabilities Resources Center (ADRC)

The Aging and Disability Resource Center (ADRC), located within Medina County Senior & Adult Services, provides the public with a warm and welcoming office to get objective information, advice, counseling and assistance; empower people to make informed decisions about their long-term services and supports; help people access public and private programs and apply for benefits. Consultations with family, friends, caregivers and providers are free, they are confidential and unbiased. For seniors as well as those ages 18+ with disabilities, it is the first step to receiving information about local resources for individuals. Our ADRC staff knows how to help you find out what makes sense for you, choose what you need to stay as independent as possible, as long as possible, while stretching your dollars as far as possible.

WOULD IT HELP TO STRETCH YOUR DOLLAR?

We screen and advise people regarding benefits to save them money and we assist in applying for these benefits. Food, utilities, and medicine are a few of the areas of service that can be applied for to help make ends meet!

WOULD IT HELP TO BETTER UNDERSTAND MEDICARE & MYCARE OHIO?

We have 6 certified OSHIIP counselors to help people navigate the healthcare maze. Our office helped over 300 people, and their families choose a health care plan during "open enrollment". Help with federal, state, and private (OPERS, STRS, SERS, Police & Fire & Railroad) insurances is also available. ADRC representatives also provide verbal and written information and professional guidance over the phone.

WOULD IT HELP TO HAVE OPTIONS LOOKING AHEAD TO POSSIBLE LONG-TERM CARE?

We encourage people to be proactive in planning for their future care. We help you make a plan with community services and support that empower you to be as independent as long as possible! We work to streamline access to long-term services and supports for older adults, people with disabilities, and their families. Your independence at home will allow you to age in place and save money.



We would love to come and talk to seniors and people with disabilities over 18 about this program. Please feel free to call us to set an appointment!

All our core services are funded through the Medina County Human Services Levy and by Title III funding provided by the Western Reserve Area Agency on Aging through the Ohio Department on Aging.

ADRC at Medina County Senior & Adult Services 246 Northland Dr., Medina, OH 44256

> 330-723-9514 Hours: 8:00am to 4:30pm www.mcsas.org



Formerly known as the Medina County Alcohol, Drug Addiction & Mental Health (ADAMH) Board, the Medina County Mental Health & Recovery Board's (MHRB) mission is to decrease stigma and provide hope for a better life by assuring the availability of high-quality services in the areas of mental health, substance use, and recovery support to all Medina County residents through planning, purchasing cost effective services to the extent resources are available, coordinating, and evaluating these services.

The MHRB assures a full continuum of services from early childhood mental health and prevention to senior services, including counseling, case management, psychiatry, medication management and more. Specialized options for seniors in our community include our partnership with Catholic Charities to provide senior case management services and also with the Office for Older Adults for prevention programming and a mental health group for seniors.

Common Misconceptions About Home Care



Home Care can be incredibly beneficial for numerous families. However, misconceptions about it often deter people from considering this option for themselves or their loved ones. Below are some of the most common misconceptions:

HOME CARE IS ONLY FOR THE ELDERLY

This is far from the truth. Home care is beneficial for people of all ages who may need assistance with daily living activities due to an illness, injury, disability, etc, in addition to the elderly.

IT'S TOO EXPENSIVE

The cost of home care varies depending on the level of care needed, in addition to the frequency/duration of visits, along with the specific home care provider. Often, the cost of home care is more affordable than a nursing home or assisted living facility. Additionally, it may be covered by insurance or government programs, such as the waiver program or the passport program, depending on the home care provider used. Most importantly, you or your loved one stays at home, so it's essential to do some research!

THERE IS NO FLEXIBILITY WITH HOME CARE

Many home care providers offer flexible scheduling options to accommodate the unique needs of their clients. With a bit of communication, schedules can be easily adjusted, as needed.

HOME CARE WILL TAKE AWAY MY INDEPENDENCE

The purpose of home care is not to take over someone's life, but to assist them in maintaining their independence & quality of life. Caregivers are there to assist with everyday activities, so the client can continue to stay in their home for as long as possible.



HOME CARE PROVIDERS ARE NOT QUALIFIED OR RELIABLE

Reputable home care providers ensure their caregivers are highly qualified & dependable. They thoroughly screen, train, & supervise their staff. Caregivers undergo criminal background checks, interviews, & receive training before starting with any clients. Typically, recommendation letters or references are necessary upon hiring, as well. If a caregiver is unable to work a shift, the home care company often has the capability to provide another qualified caregiver to fill in, should the client prefer this option.

MY LOVED ONE NEEDS MORE HELP THAN HOME CARE CAN OFFER

Are you sure? All home care providers offer a variety of services. In fact, the caregivers can assist with personal care assistance such as bathing, dressing, toileting, grooming, etc & then some may also assist with meal preparation, some transportation services, light housekeeping tasks, medication reminders, shopping, companionship, exercising, etc. Clearly communicating the needs, you or your loved one requires is important when you're looking for the right home care provider.

Thoroughly researching home care companies is essential to identify one that aligns with your specific requirements. By understanding the facts & dispelling any misconceptions, you can make an informed decision regarding the best care option for you or your family.



Valley City, OH. 44280 | Phone: 833.ARCHCARE (272-4227) Email: wecare@archangelshomecare.com | Website: archangelshomecare.com

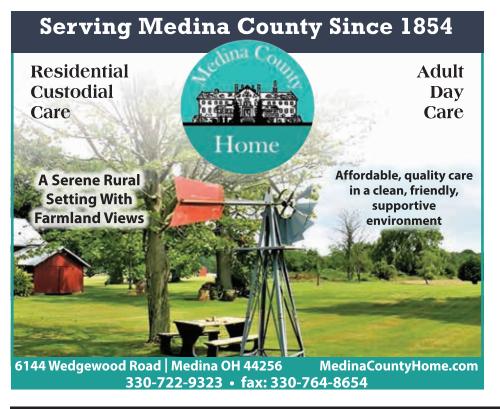




Serving the residents of Medina County for over 170 years, the Home is situated on scenic rural acreage in Lafayette Township. Our goal for each resident is to always promote and maintain the highest level of independence possible. Resident amenities include daily laundry and cleaning services, minimal assistance with daily living skills, med pass, 3 nutritious meals per day, daily recreational activities/outings, and a newly updated beauty salon.

ELIGIBILITY REQUIREMENTS

Eligibility is based on established residency in Medina County as well as the level of care and assistance needed. Applicants need to be ambulatory but may use a walker or cane. Applicants must be 18 years of age or older. Payment is based on income level and is assessed on an individual basis. The Medina County Home is supported by the generosity of Medina County residents through a county tax levy.





COME VISIT

Admission starts with an appointment to tour the Home and meet with a member of our leadership team. To begin the process, please call 330-722-9323. We look forward to meeting you and showing off our stately Home.

The Medina County Home 6144 Wedgewood Road Medina, Ohio 44256 330-722-9323

2025 / 2026 SENIOR SOLUTIONS (11) www.MedinaSeniorServices.org



The Soprema Senior Center & Café, located at 617 School Drive on Wadsworth's vibrant, multi-generational Community Center campus, is a popular gathering place for seniors in Wadsworth and beyond. They are widely known for offering innovative opportunities and traditional activities and services. Membership to the Center is free for anyone 55+, regardless of where they live. Perks of membership include a quarterly newsletter, free participation in dozens of weekly programs, events, and activities; access to the YMCA indoor walking track during designated times; and free, unlimited hot coffee or tea with any purchase in the Café when showing their member keytag. To learn more about all the Center offers, pick up the latest newsletter and calendar of events, visit their website at www. wadsworthcity.com/SopremaSeniorCenter or call them at 330-335-1513. The Soprema Senior Center is open Monday through Friday from 8:30 am - 4:00 pm

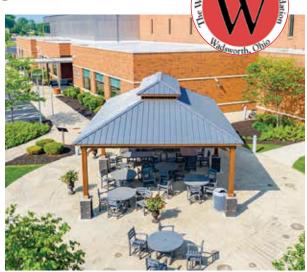
The Soprema Café, operated by the Medina County Office for Older Adults, helps make the Soprema Senior Center shine distinctly. Open to the public on weekdays from 7:30 am – 2:00 pm, the Café has become a dining hotspot enjoyed by all ages. Known for their homemade soups and home-style "hot lunch specials," they also feature other delicious breakfast and lunch options, including burgers, salads, madeto-order sandwiches, pastries, coffee and much more at great prices. Make plans to patronize this local gem soon – your taste buds & wallet will thank you!

AGING WELL IN WADSWORTH!

SOPREMA

You are invited to see the Soprema Senior Center & Café in action. Stop by in person, treat yourself to a delicious meal, beverage, or snack, and take a tour. You will be amazed at what you see! You can also contact the Center via email at ssc@ wadsworthcity.org or phone 330-335-1513. New members and visitors are always welcomed with a smile!

The Soprema Senior Center, a department of the City of Wadsworth, is also supported by the Wadsworth Older Adults Foundation, and many Professional Friends. Thev have a small staff of three and a mighty volunteer team of over 100 senior volunteers. Donations are accepted from the community through the Wadsworth Older Adults Foundation (WOAF), which is their 501(c)(3). Be sure to like and follow the Wadsworth Older Adults Foundation Facebook page for regular Soprema Senior Center updates and news.

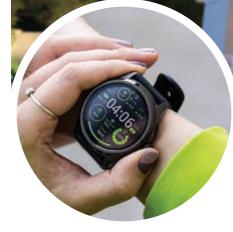




2025 / 2026 SENIOR SOLUTIONS (12) www.MedinaSeniorServices.org

Technology Helps Seniors Age in Place, Safely

By: Roberta Woodard, CDP, Home Instead



As growing numbers of older adults choose to age in place, technological advancements are becoming key tools in a home care plan aiding in the safety of older adults. However, Pam Myers, local Home Instead franchise owner, reminds us, "It's essential to find the right balance between tools to help older adults feel empowered, connected and safe, and the personal, hands-on professional support from a caregiver. Both are vital."

Myers continues, "This personal support and companionship can mean all the difference in being able to choose where an older adult lives while aging."

Although some technology can be intimidating for older adults, a recent survey indicated older adults are learning to embrace technology more than ever before. Surprisingly, one in four said they felt more comfortable using new technology than they did just one year ago.

Striking a balance between high-tech solutions and human interaction will be key to advancing the future of care. Several technologies on the market are making it easier and safer to age in place at home.

VIDEO DOORBELL

This smart technology hooks into existing doorbells that enable a homeowner to see who comes to the door via the phone.

VOICE AND REMOTE THERMOSTAT

This tool helps monitor thermostat functions including furnace and air conditioning by voice or by cell phone.

VIRTUAL ASSISTANT

Amazon's Echo or Google Home allows homeowners to control their home with their voice – locking doors, turning lights on and off, adjusting the thermostat or viewing camera feeds.

STOVE FIRE PREVENTION DEVICES

These devices automatically shut off a stove if it is left unattended for a specific time. Devices like this are especially help-ful for older adults living with dementia.

HOME MONITORING SYSTEMS

Monitoring systems help family caregivers make sure their loved ones are safe and secure, affording independence for our aging loved ones.

SOCIAL MEDIA AND VIDEO CALL PLATFORMS

During the last several years, these technologies have become vital to helping older adults stay connected with loved ones and friends.

WATCHES WITH GPS CAPABILITIES

These smart watches can track heart rate, blood pressure and body temperature. They can also track an aging loved one's location and will alert 911 if there is a fall.

ONLINE GROCERY DELIVERY

From fall prevention through illness and inclement weather, this service brings groceries right to the customer's door.

TELEHEALTH

When health questions arise, it's easy to schedule a medical appointment with this newer technology via computer or smart phone. Pluses are cost savings, convenience, and the ability to provide care for older adults with mobility limitations, or those without easy access to a local doctor or clinic.

Older adults can be hesitant to adopt technology, but incorporating it into routine caregiving tasks can offer a wide range of benefits for older adults and caregivers.

For more information about helping your loved ones age in place, call our local Home Instead office at (330)334-4664.

Helping Seniors in Medina County



PURPOSE

The HANDS Foundation's purpose is to educate, coordinate and involve seniors and organizations to create an independent lifestyle that will result in an improved quality of life for Medina County Seniors.

VISION

The HANDS Foundation shall be an instrument for the improvement of senior issues through education, community resources, and community partnerships.

DONATIONS

Donations may be directed to established programs or contributed to the Foundation's general fund. Contributions to the



Foundation are tax deductible. HANDS is a local charity, not supported by any national organization. All money raised here stays here in Medina County to benefit our older adults.

Aging should be a supportive partnership among seniors, families, caregivers, the community and HANDS.

All seniors deserve dignity and a respectful quality of life.

The community has a responsibility to ensure sources exist and are made available.

Seniors are a valuable asset in the community wheel.

SENIOR WISH GRANTS

Funds are made available by grant application to seniors and their families for special needs they could not otherwise afford or obtain through any other resource. This program fills a huge void in services to seniors and no other organization has a program like Senior Wishes. Local agencies in Medina that can assist with filling out the grant application include (but are not limited to) The Medina County Office of Older Adults, Wadsworth Soprema Center, Job & Family Services, Catholic Charities, Community Action, The Salvation Army. Applications must be submitted by a third party such as one of these agencies.

Wishes We Have Granted:

- Car Repairs
- Clothing
- House Hold Repairs
- Personal Care Necessities
- New Bedding
- · Money Towards a New Furnace
- Money Towards a Washer or Dryer
- Battery for a Wheelchair
- Household Cleaning
- New Mattress
- New Shoes
- Moving Expenses



REQUIREMENTS:

1. Cannot walk two hundred feet without stopping to rest.

2. Cannot walk without the use of or assistance from a brace, cane, crutch, another person, prosthetic device, wheelchair or other assistive device.

3. Is restricted by lung disease to such an extent that the person's forced (respiratory) expiratory volume for one second, when measured by spirometry, is less than one liter, or the arterial oxygen tension is less than sixty millimeters of mercury on room air at rest.

4. Uses portable oxygen.

REMOVABLE WINDSHIELD PLACARDS

Removable windshield placards may be issued to a person with a disability that limits or impairs the ability to walk or to an organization that provides transportation for a person/people with a disability that limits or impairs the ability to walk. Registrants must complete an Application for Removable Windshield Placards (form BMV 4826). The application must be accompanied by a prescription from a health care provider.

GO ONLINE

The easiest way to learn more and download the forms is to simply go Online and search: "Getting an Ohio disabled parking placard"

MYTH 1 SENIOR LIVING COMMUNITIES FEEL INSTITUTIONALIZED

Reality – When some picture a senior living community, images of long, white hallways and bright fluorescent lighting emerge, giving way to associations with hospitals. In reality, though, senior living communities are often homelike, comfortable and more closely resemble a resort than a hospital.

MYTH 2 I'M NOT OLD ENOUGH TO MOVE TO A SENIOR LIVING COMMUNITY

Reality –Most senior living communities are open to anyone over the age of 55! Senior living communities are designed for active older adults who have a passion for living life to the fullest. Residents enjoy daily recreational, leisure and even educational activities that keep them rejuvenated and engaged. It's never too early to start looking and explore your option.

MYTH 3 I'LL LOSE MY INDEPENDENCE AT A SENIOR LIVING COMMUNITY

Reality – Many confuse living independently with living on their own. While you may no longer own your own home, life at a senior living community can be as independent as you want it. Residents aren't limited to where they can go or what they can do. In fact, many seniors find that letting go of the responsibilities of homeownership allows them the freedom to finally live the way they've always wanted to. Most communities are filled with amenities and activities that give you countless opportunities for fun and relaxation.

MYTH 4 I'LL HAVE TO GIVE UP MY FAVORITE HOBBIES

Reality – Actually, the opposite is true. Without the time-consuming tasks of home-upkeep, you'll have nothing but time to spend on the things you love to do. Do you enjoy carrying a camera around? Find other residents who share the same passions and plan a time to take photos together. Additionally, you'll have the chance to try new things and discover new hobbies.

MYTH 5 PAYING FOR SENIOR LIVING IS MORE EXPENSIVE THAN LIVING AT HOME

Reality – Some families looking into senior living are often surprised by the sticker



SENIOR LIVING: DEBUNKING THE MYTHS

shock of monthly rates. While cost varies depending on apartment size or levels of care, the average cost of senior living is often comparable or even less than receiving the same services and support at home. Even for those who have paid off their mortgage, homeownership is still costly. Consider insurance, taxes, upkeep and repairs, utilities, and emergency expenses. At a senior living community, everything is included in one convenient rate – not to mention the convenience of having entertainment, social events, housekeeping services and medical support if every needed right in your community.

MYTH 6 I WON'T BE ABLE TO SEE MY FRIENDS AS FREQUENTLY

Reality – Senior living communities are quite visitor-friendly. Both common areas and private residences accommodate guests, family get-togethers and even parties. Friends are always welcome to join in an activity or stop by for lunch. Just because your residence changes doesn't mean your social life has to. Actually, many choose to move to a senior living community because they desire to have a more active social life. Making new friends is one of the best parts of moving to a senior living community!

MYTH 7 MEALS ARE PLAIN AND UNAPPETIZING

Reality – One of the most overlooked benefits of senior living is the consistency of multiple nutritious meals each day. The food is anything but boring! Dining selections vary every day, created with the best and freshest ingredients. Plus, less time spent preparing meals means more time spent doing the things you love!

MYTH 8 I WON'T HAVE ANY PRIVACY AT A COMMUNITY

Reality – Residents have the choice of how much or how little time alone they want each day. Private villas and apartments are comfortable and accommodating, and you can choose to spend the whole day reading in your favorite armchair if you wish. Privacy is respected, and when you do feel like socializing, all you have to do is step outside. You have the best of both worlds when it comes to spending time how and with whom you want.

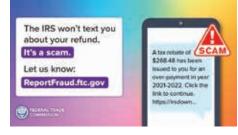
MYTH 9 I WON'T BE ABLE TO PERSONALIZE MY SPACE

Reality – While it's true that a community probably won't want you to paint the walls or refinish the bathroom tiles, most communities encourage residents to decorate their homes with personal items and pictures and bring along their own pieces of furniture. Downsizing to a smaller home can be a difficult task, but most senior living communities won't make you give up your style in the process.

MYTH 10 I SHOULDN'T MOVE UNTIL I NEED HELP TAKING CARE OF MYSELF

Reality - Many older adults are making the choice to spend their healthy retirement years at a senior living community. Not only does community living come with convenience and a full, carefree lifestyle, but moving while you are still healthy allows you to stay in control of your choices. Waiting until an illness or health crisis occurs may rush the moving process and leave vou wishing vou had more options and time to pick the right community for you. In addition, many independent living communities also have higher levels of care, including assisted living and memory care services, that residents can take advantage of without the worry of moving again.

SCAN ALERT BE AWARE OF SCAMS TARGETING SENIORS



NO, that's not the IRS texting you about a tax refund or rebate. IT'S A SCAM!

IRS impersonators have been around for a while. But as more people get to know their tricks, they're switching it up. So instead of contacting you about a tax debt and making threats to get you to pay up, scammers may send you a text about a "tax rebate" or some other tax refund or benefit. Here's what to know about the new twist.

The text messages may look legit, and mention a "tax rebate" or "refund payment." But no matter what the text says, it's a scammer phishing for your information. And if you click on the link to claim "your refund," you're exposing yourself to identity theft or malware that the scammer could install on your phone.

■ Never click on links in unexpected texts. Don't share personal information with anyone who contacts you out of the blue. Always use a website or phone number you know is real.

■ Know that the IRS won't call, email or text to contact you for the first time. They'll always start by sending you a letter. If you want to confirm, call the IRS directly at 800-829-1040.

■ Find the status of any pending refund on the IRS official website. Visit Where's My Refund.

■ Report unsolicited texts or emails claiming to be the IRS. Forward a screenshot or the email as an attachment to phishing@irs.gov



Don't click on that random text. IT'S A SCAM!

The FTC has seen a spike in reports from people getting text messages that look like they're from well-known names like USPS, Costco, or The Home Depot and others. Spoiler alert: they're from impersonators. The details vary, but the scammers are after the same thing: your money and your personal information. You may get a text from scammers pretending to be USPS and asking you to confirm your debit card details so you can get an undelivered package. Or you might get texts about a chance to win a free gift card or a power tool. To claim your "reward," you're told to click on the link, answer some questions, and pay for shipping. Don't do it.

If you click on those links and submit your card information, you'll ending up with nothing — but you'll find unauthorized charges posted to your account.

NO MATTER WHAT THE UNEXPECTED TEXT SAYS, THE ADVICE IS THE SAME.

■ Don't click on links or respond to unexpected texts — including ones asking you to fill out surveys to get free items. If you think it could be legit, contact the company using a website or phone number you know is real. Don't use the information in the text message.

■ Don't pay to get a package redelivered. The real USPS won't contact you out of the blue about a delivery (unless you submitted a request first and give a tracking number) — and they'll never demand payment to redeliver a package.

If you receive an odd text message or a message from an unusual source, don't even open the text to read it. Just delete it.

Fake caller ID info

Don't rely on caller ID to verify who's calling. It can be nearly impossible to tell whether the caller ID information is real. Here are a few tips for handling these calls:

■ If you get a strange call from the government, hang up. If you want to check it out, visit the official (.gov) website for contact information. Government employees won't call out of the blue to demand money or account information.

■ Don't give out — or confirm — your personal or financial information to someone who calls.

■ Don't wire money or send money using a reloadable card. In fact, never pay someone who calls out of the blue, even if the name or number on the caller ID looks legit.

■ Feeling pressured to act immediately? Hang up. That's a sure sign of a scam.

The Gift Card Scam

■ First, scammers reach out to you via email, text message, or phone call pretending to be someone who you know and trust - such as a close friend, business acquaintance or client.

■ Then, they create a sense of urgency (typically in an email message) claiming that a friend of theirs has a birthday or is sick and they want to give them a gift card. The scammer claims that they cannot order the Amazon card because their computer isn't working or they can't log onto the Amazon website. They'll ask, "can you do this for me?"

■ Sometimes in the same email message they'll have instructions and further information for you to expedite the order. You then fill out the Online Amazon order form for the card with the scammers instructions and click "purchase." That's it! You're screwed! Instead of having the gift card sent to your friend, it goes to the scammer.

■ Finally, they quickly use the funds on the card before you realize what's happened. Once the money on a gift card is spent, it's gone. You just gave the fraudster a \$200 gift card.

This is just one example of a common Amazon gift card scam. Do your research Online about gift card scams and educate yourself on what to look out for. **DON'T FALL FOR IT!**

Agencies, Assistance & Resources

GREATER MEDINA CHAMBER OF COMMERCE

211 South Court Street Medina, OH 44256

330-723-8773

https://MedinaChamber.com

The Chamber serves its member investors and promotes business interests through economic development, business advocacy and member services, which benefit the greater Medina community.

HANDS FOUNDATION

PO Box 868 Brunswick, OH 44212 **330-225-4242**

www.Hands-Foundation.org

County-wide non-profit organization dedicated to helping and improving the quality of life for Medina County Seniors.

LODI FAMILY CENTER

301 Mill Street Lodi, OH 44254

330-302-4182

www.LodiFamilyCenter.org

Providing food and resources for families in need. We offer one-a-month Online ordering! Help if you ever have a food emergency.

LONG TERM CARE OMBUDSMAN

8111 Rockside Road, Suite 250 Valley View, OH 44125 **1-800-365-3112** www.ltco.org

- -

Long Term Care Ombudsman advocate for excellence in long-term care quality of life and quality of care. We investigate concerns, improve communication, and educate regarding resident's rights and resources. LTCO advocates for those with MY-CARE Ohio. LTCO is an Elder care advocate (non-legal.)

MEDINA COUNTY BOARD OF DEVELOPMENTAL DISABILITIES 4691 Windfall Road

Medina, OH 44256

330-725-7751

www.mcbdd.org

We are the community resource for connecting, coordinating and funding services for people with developmental disabilities. We help with everything from education to employment and independent community living. Visit www.mcbdd.org.

MEDINA COUNTY CLERK OF COURTS

225 East Washington Street, Suite 290 Medina, OH 44256

330-725-9722

www.MedinaCountyClerk.org

The Medina County Clerk of Courts' of Common Pleas and Domestic Relations Court is the "keeper of the records" for Medina County as well as the business office of the courts. Three title office locations, county archives, Ninth District Court of Appeals, Intake Office, Passport Service, Notary Public Applications and renewals, and Transfer on Death titles.

MEDINA COUNTY HEALTH DEPARTMENT

4800 Ledgewood Drive Medina, OH 44256

330-723-9688

www.medinahealth,org

The Medina County Health Department works to prevent, promote, and protect the health of Medina County residents. Our Health Center provides medical and dental care, with or without insurance.

CONTINUED ON NEXT PAGE



Agencies, Assistance & Resources

MEDINA COUNTY JOB & FAMILY SERVICES -ADULT PROTECTIVE SERVICES

232 Northland Drive Medina, OH 44256

330-661-0802

www.MCJFS.us

Adult Protective Services - responding to abuse/neglect concerns of adults age 60 and over living in the community. Assessing/referring for services. Medicaid programs for nursing home waiver and community, food assistance, cash assistance, transportation and childcare.

MEDINA COUNTY DISTRICT LIBRARY

210 South Broadway Street Medina, OH 44256

330-722-6235

www.mcdl.info/outreach

MCDL's Outreach Services provides and enhances access to library materials and services for those with limited physical access to our libraries through home delivery or Bookmobile stops and memory-care programming.

MEDINA COUNTY MENTAL HEALTH & RECOVERY BOARD

246 Northland Drive, Suite 100 Medina, OH 44256

330-723-9642

www.MedinaMentalHealth.com

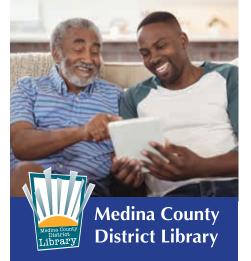
The Medina County Mental Health & Recovery Board assures that mental health and substance use services are available to county residents.

DIRECTORY RESOURCE

Outreach Services

Have difficulty coming to the library? Home delivery service may be right for you.

mcdl.info/Outreach 330-722-2590



MEDINA COUNTY PROBATE COURT 93 Public Square Medina, OH 44256

Medina, OH 44256 330-725-9707 www.MedinaProbate.org

Services for the senior community includes guardianships, conservatorships, estates, trusts, marriage licenses, and the Volunteer Guardianship Program for incompetent, indigent adults.

MEDINA COUNTY SENIOR & ADULT SERVICES

(Formerly the Medina County Office for Older Adults) 246 Northland Drive, G-20 Medina, OH 44256

330-723-9514

www.mcsas.org

Medina County Senior and Adult Services will offer support to older adults and adults with a disability to live independently and safely within their own homes and community.

MEDINA COUNTY VETERANS SERVICE OFFICE

210 Northland Drive Medina, OH 44256

330-722-9368

www.MedinaCountyVeterans.org

The Medina County Veterans Service Office has a mission to provide temporary aid and assistance to veterans, dependents and widows in time of need and provide assistance when submitting claims to the Department of Veterans Affairs (VA).

OSHIIP 1-800-686-1578

www.insurance.ohio.gov

Ohio's free health insurance counseling services.

CONTINUED ON NEXT PAGE



Medical. Dental. Behavioral Health Support.

medinahealth.org

- In-person & telehealth appointments available
- Providers can see people of all ages with or without insurance

330-723-9688, option 1

Medina & Wadsworth Locations



Services are partially funded by your local health levy. This institution is an equal opportunity provider.

Agencies, Assistance & Resources

CONTINUED

SOCIAL SECURITY ADMINISTRATION & S.S.I.

4035 North Jefferson Street Medina, OH 44256

1-866-613-2774

http://ssa.gov

Retirement, survivors, disability and supplement security income (SSI) benefits and services.

UNITED WAY OF MEDINA COUNTY

23 Public Square, Suite L-1 Medina, OH 44256

330-762-7601

www.UnitedWayMedina.org

We bring people together to collaborate, build consensus and share resources to change our community.

VANTAGE AGING

388 South Main Street, Suite 325 Akron, OH 44311

330-618-2955

www.VantageAging.org

For 50 years, Vantage Aging has been dedicated to offering programs that empower older adults to live healthy, independent lives with purpose and dignity. The Ameri-Corps Seniors Retired and Senior Volunteer Program (RSVP) through Vantage offers an incredible opportunity for individuals aged 55 and older to make a lasting difference in their communities. Serving across Summit, Medina, Geauga, Wayne, Delaware, Franklin, and Hamilton Counties, Vantage Aging RSVP connects volunteers with local organizations in need, leveraging their unique skills, experiences, and passions. As the nation's leading volunteer network for older adults, RSVP empowers volunteers to engage meaningfully, strengthening their communities while fostering a deeper sense of purpose and fulfillment.

WADSWORTH OLDER ADULTS FOUNDATION

617 School Drive Wadsworth, OH 44281

330-335-1513

www.WadsworthOlderAdultsFoundation.org

To be proactive in providing supplemental support to the programs and services affiliated with the Wadsworth Center for Older Adults.

WESTERN RESERVE AREA AGENCY ON AGING (WRAAA)

1700 East 13th Street Cleveland, OH 44114

216-621-0303

www.AreaAgingSolutions.org

The Western Reserve Area Agency on Aging (WRAAA) is dedicated to enhancing the quality of life for older adults and individuals with disabilities. WRAAA provides choices for people to live independently in the place they want to call home.



699 EAST SMITH ROAD | MEDINA | 330-721-7001 | AvenueAtMedina.com

DIRECTORY RESOURCE

Alzheimer's & Dementia Care / Memory Care Facilities

ALZHEIMER'S ASSOCIATION

23215 Commerce Park, Suite 300 Beachwood, OH 44122

216-342-5556

www.alz.org

Provides free care and support services to the 60,000 people living with Alzheimer's and other forms of dementia, as well as their 250,000 caregivers in the 17 counties served. More than 3,500 individuals are effected by memory loss in Medina County.

BROADWAY CREEK

ARDEN COURTS OF PARMA

9205 Sprague Road Parma. Ohio 44145 440-886-5858

ARDEN COURTS OF BATH

171 North Cleveland Massillon Road Akron. Ohio 44333 330-668-6889

Arden Courts ProMedica Memory Care Communities cater to the needs of individuals with memory loss. Staffed by specially trained caregivers, Arden Courts cares for individuals diagnosed with Alzheimer's disease and related dementias. Our communities have safe and comfortable common spaces, kitchens, family rooms, and walking paths for residents.

BROADWAY CREEK ESTATES

1049 North Jefferson Street Medina, Ohio 44256

330-764-3877

www.SinceriSeniorLiving.com

Assisted Living and Memory Care community with a cozy, "home-like" atmosphere. Accepting Medicaid spendown residents.

BROOKDALE MEDINA SOUTH

100 High Point Drive Medina, OH 44256

330-723-0110

www.brookdale.com

For seniors who need a little more day-today assistance with everything from daily living tasks and basic care to recreational activities and transportation.

Come Check Out Our Freshly Renovated Community at Broadway Creek Senior Living!

At Broadway Creek Senior Living, we are dedicated to providing personalized care, specifically tailored to each resident's unique needs throughout the aging experience. Come visit us at the most affordable Assisted Living community in the area!





Helping Medina county older adults age safely in place has been our specialty for more than 25 years!

> To us, it's not a job, it's our **passion**

Call (330) 334-4664 or visit HomeInstead.com/181



Each Home Instead® office is an independently owned and operated franchise of Home Instead, Inc., an Honor Company. © 2023 Home Instead, Inc. Personal Care

- Companionship
- Meal Prep
- Transportation
- Hospice Support
- Memory Care
- Arthritis Care
- Diabetes Care
- Chronic Conditions Support

Alzheimer's & Dementia Care / **Memory Care Facilities** CONTINUED

LIFE CARE CENTER OF MEDINA

2400 Columbia Road Medina, OH 44256 330-481-3131

https://lcca.com/locations/oh/medina

Skilled nursing & rehab/memory care.

Assisted Living Communities

BROADWAY CREEK ESTATES

1049 North Jefferson Street Medina, Ohio 44256 330-764-3877

www.SinceriSeniorLiving.com

Assisted Living and Memory Care community with a cozy, "home-like" atmosphere. Accepting Medicaid spendown residents.

BROOKDALE CAMELOT MEDINA

DIRECTORY RESOURCE

REHABILITATION & NURSING

www.MedinaRehabNursing.com

Skilled nursing and long-term care

MEDINA CENTER FOR

555 Springbrook Drive

Medina, OH 44256

330-725-3393

49-A Leisure Lane Medina, OH 44256 330-723-5825 www.brookdale.com

WESTERN RESERVE MASONIC COMMUNITY

4931 Nettleton Road Medina, OH 44256

330-721-3000

www.omcoh.org/wrmc

We offer a full continuum of care - Garden Villas, Independent Living, Assisted Living, Memory Care (assisted living) Health Care Center and Short-Term Rehabilitation.

BROOKDALE MEDINA SOUTH

100 High Point Drive Medina, OH 44256 330-723-0110 www.brookdale.com

For seniors who need a little more day-today assistance with everything from daily living tasks and basic care to recreational activities and transportation.

CONTINUED ON NEXT PAGE



Assisted Living Communities

DANBURY SENIOR LIVING

3430 Brunswick Lake Parkway Brunswick, OH 44212

330-460-4244

www.DanburySeniorLiving.com

Offering resort-style independent living, assisted living, and memory care. Stroll the adjacent walking trail to local retail stores and restaurants.

ECHELON SENIOR LIVING

635 North Huntington Street Medina. OH 44256

330-591-2777

www.EchelonSeniorCare.com

Echelon of Medina senior living campus includes independent living, assisted living and memory care. Comfort, care and community are hallmarks of the Echelon experience, providing a seamless continuity from independent to assisted living all on the same campus.

DIRECTORY RESOURCE

MEDINA COUNTY HOME

6144 Wedgwood Road (RT 162) Medina, OH 44256

330-723-9551

www.MedinaCountyHome.com

Offering residential/custodial care and Adult Day Care. Promote and maintain the highest level of independence possible. Amenities include full laundry and cleaning services, assistance with daily living skills.

PLUM CREEK ASSISTED LIVING COMMUNITY

891 Marks Road Brunswick, OH 44212

330-220-4900

https://PlumCreekSeniorLiving.com

Plum Creek Assisted Living is designed so our residents can age in place! Our multidisciplinary care teams include Physicians, Nurse Practitioners, Registered Nurses, and Licensed Nurses who provide ongoing care, management and lots of support!

THE VILLAGE OF ST. EDWARD

880 Main Street Wadsworth, OH 44281 234-217-8735

https://VSEcommunities.org

Beyond offering the safe, secure environment your loved ones require, we are dedicated to offering privacy, dignity, independence and a true sense of belonging for every one of our residents. For over 50 years we've been providing faith-based care to seniors and their families as they progress through all stages of life.

WESTERN RESERVE MASONIC COMMUNITY

4931 Nettleton Road Medina, OH 44256

330-721-3000

www.omcoh.org/wrmc

We offer a full continuum of care - Garden Villas, Independent Living, Assisted Living, Memory Care (assisted living) Health Care Center and Short-Term Rehabilitation.



Audiology & Counseling

HEARING LIFE OF MEDINA

2736 Medina Road, Suite 211B Medina, OH 44256

330-241-4907 www.HearingLife.com contact-us@HearingLife.com

We offer hearing assessments and hearing aids at our Medina, OH Hearing Aid Center.

INPSYCHFUL MINDS LLC

445 West Liberty Street, Suite 226 Medina, OH 44256

234-802-9180

www.InPsychfulMinds.com

Committed to delivering comprehensive psychiatric services in long term care, In-Psychful Minds strives to provide personalized care and support to individuals in need.

PIN A POINT AUDIOLOGY 440-865-0636

www.PinapointAudiology.com cpowers@PinapointAudiology.com

Dr. Chelsea Powers: Mobile doctor of audiology who provides hearing care services in the comfort of your home.

DIRECTORY RESOURCE

Care Selection & Referral Services

ASSISTED LIVING LOCATORS

P.O. Box 13787 Fairlawn, OH 44134 **330-222-5136** AssistedLivingLocators.com/Akron

Assisted Living Locators® offers free, personalized guidance to seniors and families, helping them navigate senior living options. Our local advisors provide expert, unbiased support to find the best care solutions.

CARE PATROL OF NORTH CENTRAL OHIO PO Box 39359

North Ridgeville, OH 44039

216-308-4003

www.NCohio.CarePatrol.com

We help families find assisted living, independent living, memory care and in-home care. We review the care and violation history of the communities we work with. We tour with our clients to our recommended facilities much like a realtor shows families new homes. We are a FREE community service!

HAND IN HAND PATIENT ADVOCATES 330-461-0225

www.HandInHandPatientAdvocates.com sandy@HandInHandPatientAdvocates.com

Hand in Hand Patient Advocates provides personalized support and guidance to patients navigating the complexities of the healthcare system. Our experienced advocates work closely with individuals and families to ensure they fully understand their medical options, manage healthcare logistics, and communicate effectively with healthcare providers.

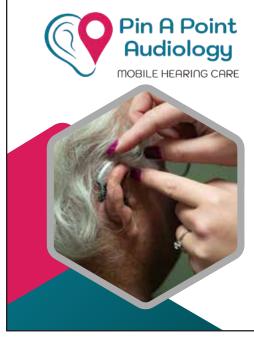
OASIS SENIOR ADVISORS

14751 Regency Drive Strongsville, OH 44149

330-441-2935

www.OasisSeniorAdvisors.com/ strongsville-medina-akron

Oasis Senior Advisors helps families find senior living options for their loved ones, for free. Compassionate and knowledgeable advisors work alongside you to assess your health and financial situation and determine the communities and care levels that will be the right fit for you or your loved one.



RECEIVE HEARING CARE IN THE COMFORT OF YOUR HOME!

Our Doctor of Audiology will come to you for:

- Hearing Aid Selection and Fitting
- Custom Ear Plugs and Hearing Protection
- Hearing Aid Programming and Adjustments
- Ear Wax Removal
- Hearing Aid Cleaning
- Assistive Listening Devices
- Comprehensive Hearing
 Exam

Phone: (440) 865- 0636 Email: cpowers@pinapointaudiology.com Website: pinapointaudiology.com

Western Reserve Area Agency on Aging

Contact the Aging & Disability Resource Center (ADRC) to access the services that you or someone you know may need:

- Assisted Living
- Case Management
- Chore Service
- Family Caregiver Support Program Transportation
- Home-Delivered Meals
- Information & Referral
- PASSPORT

For more information call: 216,621,0303 or 800,626,7277 or visit: www.areaagingsolutions.org Serving Cuyahoga, Geauga, Lake, Lorain and Medina Counties.

Western Reserve Area Agency on Aging provides choices for people to live independently in the place they want to call home.

Downsizing, Relocation & Real Estate



Let's face it, moving is hard for everyone! Our promise is to take the stress off your plate so you can focus on your well being, on your terms.

Discounted Commission Rates NO Extra Brokerage Fees Short-Term Listing Contracts Open Houses & Yard Signs Optional NO Pressure Sales Approach Professional Photography Included We Sell Most Homes in AS-IS Condition

Connecting You & Your Family to Resources Including Senior Community Advice & Guidance



Nicolette Kuebeler Broker | Owner | REALTOR® SRES – Senior Real Estate Specialist

Cell# (330) 322–3637 LifeStagesRealty@Gmail.com www.LifeStagesRealty.net

DIRECTORY RESOURCE

HOME AGAIN TRANSITIONS

19750 Mosher Road Wellington, OH 44090 **216-381-7418**

www.HomeAgainTransitions.com

We are a Senior Move Management company providing solutions for seniors' moving transitions, downsizing, and aging in place needs including space planning, packing / unpacking and settling in, liquidation, decluttering and organizing, photo and media digitization, and custom legacy book services.

JANET GOMMEL (HOWARD HANNA)

3565 Medina Road Medina, OH 44256

Office: 330-242-2020

Cell: 330-242-2020

www.JanetGommel.HowardHanna.com JanetGommel@HowardHanna.com

As a Real Estate Broker & Senior Real Estate Specialist I am better educated for your specific concerns and needs that

CONTINUED ON NEXT PAGE

Buying and Selling a Home? Contact the Best!

A house is a building, a home is your haven. You need a REALTOR® who will listen and communicate effectively. Someone who is dependable and patient as well as knowledgeable and willing to give you honest opinions so that you can sell or purchase with confidence. The REALTOR® that will offer you the best tools to keep you paramount in the market place.

I am that REALTOR®. Call for all of your Real Estate needs!



Janet Gommel

Top 3% in homes sold Mega Million Dollar Producer

janetgommel@howardhanna.com

330-242-2020

Real Estate Services

DIRECTORY RESOURCE

Downsizing, Relocation & Real Estate

begin with the initial consultation and decision-making process through the final move. Once you have made decisions, my unwavering commitment to you as my client will focus on a smooth and stress-free transition and sale of your current home using my known and trusted network of service providers. Serving the Medina, Wayne, Summit, Lorain, and Cuyahoga areas.

JENN'S DOWNSIZING

Jenifer Hartzler

330-749-0930

www.JennsDownsizing.com JennsDownsizing@Gmail.com

Are you looking to de-clutter, organize, or are you thinking about downsizing to a new living situation? I can assist with all 3 activities. Located in Sterling, just south of Seville.

Jenn's Downsizing

KELLER WILLIAMS / OH HOME TEAM

Office: 440-364-2871 Cell: 440-552-7842 KWelevateAgents@gmail.com

Pamela Holley & Cindy Otonoga

At OH Home Team, Pamela and Cindy specialize in helping individuals 50+ confidently navigate the downsizing process. They simplify every step, ensuring a smooth transition so you can embrace the exciting adventures that await!

LIFE STAGES REALTY Cell: 330-322-3637

www.LifeStagesRealty.net LifeStagesRealty@Gmail.com

Our caring and compassionate Realtors are all SRES® designated as Senior Real Estate Specialists. We are committed to get you the value you deserve so you can enjoy the next chapter in your life.

Nicolette Kuebeler Broker | Owner | REALTOR® SRES – Senior Real Estate Specialist



MAJOR CLEANOUT Kelly Barnes BarnesNAF@Gmail.com Clean out, hauling and junk removal.

SMOOTH TRANSITIONS CLEVELAND

2800 Center Road Brunswick, OH 44212

216-381-7418

www.Cleveland.SmoothTransitions.com

We help seniors pack what is selected to keep, move precious items with care, unpack in their new home along with assisting with estate dispersal & liquidation, donation drop-off, and trash haul.

MEDINA COUNTY VETERANS SERVICE OFFICE



VETERANS AND ELIGIBLE FAMILY MEMBERS Need help applying for your veterans' benefits? Want to know what you're eligible for? We can help you apply for the benefits you have earned.

(Accredited by the Dept. of Veterans Affairs (VA) to assist veterans and their dependents)



210 NORTHLAND DRIVE | MEDINA | 330-722-9368 Email: Veterans@MedinaCountyVeterans.org



Extended Care Facilities, Nursing Homes, Rehabilitation & Therapy

AVENUE AT MEDINA

699 East Smith Road Medina, OH 44256 **330-721-7001**

www.AvenueAtMedina.com

We offer a full continuum of care, from temporary respite care, to long-term skilled nursing, to hospice services. We also provide exceptional short-term rehabilitation and a range of specialty programs and complex clinical services.



BROOKDALE CAMELOT

49-A Leisure Lane Medina, OH 44256 **330-723-5825**

www.brookdale.com

BROOKDALE MEDINA SOUTH

100 High Point Drive Medina, OH 44256 330-723-0110 www.brookdale.com

For seniors who need a little more day-today assistance with everything from daily living tasks and basic care to recreational activities and transportation.



We're always here to lend a helping hand.



BRUNSWICK POINTE TRANSITIONAL CARE

4355 Laurel Road Brunswick, OH 44212

330-741-8000

www.FoundationsHealth.net

A 91-Bed skilled nursing and transitional care facility located in the heart of Brunswick. We are proud to offer a calm, relaxing and upscale environment dedicated to enhancing ones healing and recovery. Some of the clinical capabilities we provide are Respiratory and Pulmonary program, Chronic Disease management, Short Term Rehabilitation, skilled nursing and so much more. Brunswick Pointe Transitional care is located on the corner of Laurel and Pearl Road.

CARECORE AT WILLOWOOD

1186 Hadcock Road Brunswick, OH 44212

330-225-3156

www.CarecoreHealth.com/ willow-wood

Willowood's staff is well recognized for clinical excellence and commitment to quality patient care. They provide Occupational, Physical, and Speech Therapy to both in-patient and outpatient customers. Our nurses are licensed and certified in Intravenous Therapy. They will work closely with your personal physician to deliver IV therapy to treat a variety of conditions.

COMMUNICARE COPLEY HEALTH CENTER

155 Heritage Woods Drive Copley, OH 44321

330-666-0980 www.CommunicareHealth.com

Holistic wellness is a focus in our Copley facility, with both emotional and physical well-being prioritized in our senior care services. Our unique approach results in a supportive environment and excellent experience for our guests, residents, and their families.

CONTINUED ON NEXT PAGE

Extended Care Facilities. Nursing Homes, Rehab & Therapy continued

COMMUNICARE FALLING WATER HEALTH CENTER

18840 Falling Water Road Strongsville, OH 44136

440-238-1100

www.CommunicareHealth.com

Falling Water Healthcare Center offers short-term recovery, senior rehabilitation services and long-term care with programming focused on your or your loved one's emotional and physical wellness. Our skilled nursing services use a holistic approach to healing where every guest is given the opportunity to thrive. We strive to create a supportive environment and excellent experience for our guests, residents and their families.

DIVINE REHAB & NURSING AT PEARLVIEW

4426 Homestead Drive Brunswick, OH 44212

330-225-9121

www.DivinePearlview.com

Divine at Pearlview is a post-hospital rehabilitation and skilled nursing care facility that offers comprehensive Post-Acute Recovery programs in a quaint, home like atmosphere. Our facility provides some of the area's highest level of rehabilitation, nursing and medical support to individuals needing post-hospital care and services.

LIFE CARE CENTER OF MEDINA

2400 Columbia Road Medina, OH 44256

330-481-3131 https://lcca.com/locations/oh/medina

Skilled nursing & rehab/memory care.

MEDINA CENTER FOR REHABILITATION & NURSING

555 Springbrook Drive Medina, OH 44256 330-725-3393

www.MedinaRehabNursing.com



DIRECTORY RESOURCE

MOMENTOUS HEALTH (BLUE STREAM REHAB)

4360 Brecksville Road Richfield, OH 44286

330-659-6166

https://momentoushc.com/momentous-health-at-richfield

72 Bed Skilled Nursing Facility providing Short Term Rehabilitation, Long-Term Care and Respite Care.

WESTERN RESERVE MASONIC COMMUNITY

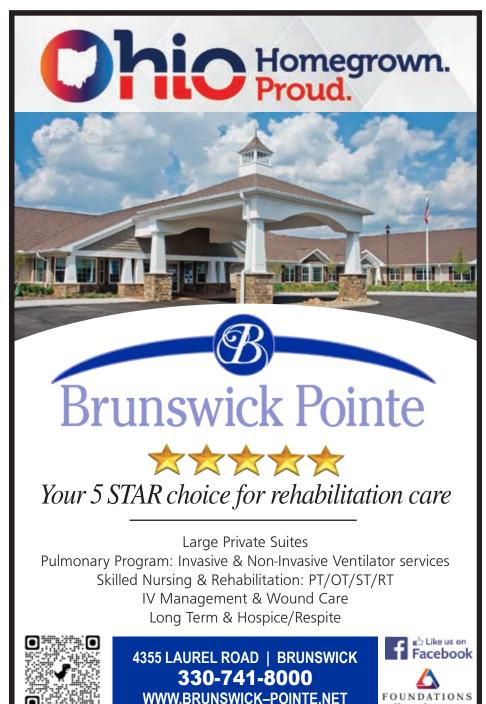
4931 Nettleton Road Medina, OH 44256

330-721-3000

www.omcoh.org/wrmc

We offer a full continuum of care - Garden Villas, Independent Living, Assisted Living, Memory Care (assisted living) Health Care Center and Short-Term Rehabilitation.

HEALTH SOLUTION



2025 / 2026 SENIOR SOLUTIONS (29) www.MedinaSeniorServices.org

Food Pantries

FEEDING MEDINA COUNTY

650 West Smith Road, Suite C-8 Medina, OH 44256

330-421-4816

www.FeedingMedinaCounty.org

Feeding Medina County's mission is to nourish our neighbors in need. We offer emergency walk in services as well as distributions four times/month throughout Medina County. To learn more about how to set up an appointment or to see the distribution calendar visit; feedingmedinacounty. org or call us at (330) 421-4816.

LODI FAMILY CENTER

301 Mill Street Lodi, OH 44254 **330-302-4182**

www.LodiFamilyCenter.org

Providing food and resources for families in need. We offer one-a-month Online ordering! We can help if you ever have a food emergency.

DIRECTORY RESOURCE

Funeral Homes

BAUER FUNERAL HOME

2089 Columbia Road Valley City, OH 44280 **330-483-3300** www.BauerFuneralHome1943.com

A family owned funeral home since 1947. Pre-planning, traditional funeral services, cremation, urns & caskets, military honors and grief support.

WAITE FUNERAL HOMES

765 North Court Street Medina, OH 44256

Medina: 330-723-3229 Brunswick: 330-225-1770 www.WaiteFuneralHome.com

Family-owned since 1902, Waite Funeral Homes provides compassionate, personalized funeral and cremation services to Medina County families. Our experienced team is here to honor your loved one with excellence and compassion.

Mary Ann Bauer Charles Bauer Funeral Directors

Bauer FUNERAL HOME

Pre-Planning Traditional Services Cremation Urns & Caskets Military Funeral Honors Grief Support

330-483-3300

2089 Columbia Road Valley City, OH 44280 www.BauerFuneralHome1943.com

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- Respite care

Contact us for a free consultation: (234) 248-4388 ComfortKeepers.com

1213 Medina Rd., Unit B, Medina, OH 44256

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ARCHANGELS SPECIALTY HOME CARE

Sherry Cassily, Owner PO Box 612 Valley City, OH 44280 Office: 833-272-4227 Direct: 330-460-9236

Direct: 330-460-9236

wecare@ArchangelsHomeCare.com ArchangelsHomeCare.com

Archangels Specialty Home Care provides personalized care for elderly and ill individuals, ensuring comfort, safety, emotional and physical well-being, and quality of life. We do not have any minimum hours required.

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234-248-4388

www.ComfortKeepers.com/offices/ ohio/medina

In-home care for seniors including dementia care, personal care, errands, meals, med reminders, companionship and laundry.

GRISWOLD HOME CARE

1002 Pearl Road Brunswick, OH 44212 **330-220-9700** www.GriswoldCare.com info@ghcmedina.com

Griswold provides compassionate in-home care for those who want support to live where they love.

HOME INSTEAD

One Park Center Drive, Suite 102 Wadsworth, OH 44281

330-334-4664

www.HomeInstead.com/181

Home Instead is a private duty agency that has cared for Medina County Seniors for more than 27 years! Simply stated, we help seniors age safely at home, wherever home might be!

HOME MATTERS CAREGIVERS 1-800-831-7723 440-414-3449 https://HomeMatters.com

In-home senior care.

CONTINUED ON NEXT PAGE

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AND COMPOUNDING LAB

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Home Health Care (Non-Medical) CONTINUED

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330-721-7590

www.RightAtHome.net

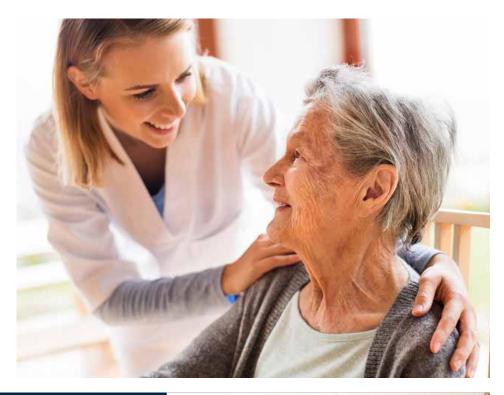
Providing customized hygiene, companionship, transportation services and more. Providing quality in-home care for seniors and adults with disabilities.

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www.AdvantageHomeHealthServices.com

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ANGELS CARE HOME HEALTH

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330-835-9663

www.AngelsCareHealth.com

Angels Care is a Medicare-Certified Home Health agency providing quality home health care services by offering caring and compassionate service focused on each patient's unique needs.

CENTERWELL HOME HEALTH 1-844-428-7184

www.CenterwellHomeHealth.com

Our expert teams of nurses and therapists will work together with you, your family and your healthcare providers to create a personalized care plan.

CLEVELAND CLINIC CENTER FOR CONNECTED CARE

6801 Brecksville Road, Suite 10 Independence, OH 44131

216-444-4663

https://my.clevelandclinic.org/departments/connected-care

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2025 / 2026 SENIOR SOLUTIONS (33) www.MedinaSeniorServices.org

DIRECTORY RESOURCE

Hospice (Facilities / Services in-Home)

BUCKEYE HOSPICE

30701 Lorain Road, Suite C North Olmsted, OH 44070

440-377-6037

https://BuckeyeHospiceCare.com

Our mission is to provide families and their loved ones with exceptional hospice care wherever you call home. We can help keep you or your loved one in the comfort of where they call home receiving the comfort care they so highly deserve. We provide 24/7 nursing and aide services, social work and chaplain services, bereavement care for up to 1 year after discharge, and volunteer services to help assist the caregiver.

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330-417-8085

www.CrossroadsHospice.com

Providing personalized Hospice & Palliative Care for 30 years. We do more to comfort you. Helping manage chronic illness or advanced - staged disease, Crossroads has everything you need to live a better quality of life.

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216-400-9055

https://EchoCleveland.com

We understand people are more than just a diagnosis or disease, therefore we offer a holistic approach to care, centered around the mind, body, and spirit. Echo Hospice empowers the whole family to be active participants in their hospice and healthcare journey. We accomplish this through individualized and unique care planning, continuous support, and education for informed decision-making. We feel privileged to be a part of each patient's journey and respect the decisions you make along the way.

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25825 Science Park Drive, Suite 255 Beachwood, OH 44122

216-232-9980

https://HarmonyHospiceOhio.com

Harmony Hospice Care provides a complete range of caring and compassionate hospice services to residents of the greater Cleveland area. Our team encompasses a broad range of expertise and disciplines to address a comprehensive range of needs: physicians, nurses, aides, pain management specialists, dietitians, social workers, chaplains and clergy members.

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www.hospiceWR.org/medina

Hospice of the Western Reserve provides palliative and end-of-life care, caregiver support, and bereavement services throughout Northern Ohio. We strive to relieve suffering, enhance comfort, promote quality of life, foster choice in end-of-life care and support effective grieving.

SUNCREST HOSPICE

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216-859-9020

www.SuncrestCare.com

If your loved one is nearing the end of life and you'd like to help them make the most of the time they have left, contacting Suncrest for hospice care at home is a good way to accomplish that objective. We'll prioritize their wishes, doing whatever we can to ensure their comfort, dignity and happiness in their final days.

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330-460-4244

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www.EchelonSeniorCare.com

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Attorneys Marc Hertrick and Matthew Aberegg provide legal counsel to businesses, HNW individuals, and real estate developers. They manage succession and estate planning, nuptial agreements and marriage dissolution, and mediation.

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www.itco.org

Long Term Care Ombudsman advocate for excellence in long-term care quality of life and quality of care. We investigate concerns,

DIRECTORY RESOURCE

improve communication, and educate regarding resident's rights and resources. LTCO advocates for those with MYCARE Ohio. LTCO is an Elder care advocate (non-legal.)







Ann Salek is certified as a Specialist in Estate Planning, Trust and Probate Law by the Ohio State Bar Association and is one of only 38 attorneys in the State of Ohio to have attained certification as an Elder Law Attorney (CELA) through the National Elder Law Foundation and the Ohio State Bar Association.

Ann is skilled, knowledgeable, and experienced in all the legal ins-and-outs of elder law, longterm care planning including Medicaid and VA planning, capacity assessment, guardianships, powers of attorney, and advance directives, as well as general estate planning, trust and probate law.

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Our team spends quality time with every client inquiring about family dynamics and listening to clients' concerns. We strive to explain difficult concepts in understandable terms and to make ourselves accessible to answer questions. It is our mission to provide premium estate plans that accomplish appropriate personal goals for our clients and their loved ones.



Ashley Sorgen

807 EAST WASHINGTON STREET | SUITE 200 | MEDINA PH: 330.725.5297 | FAX: 330.722.5932 Marie@MarieEdmonds.com | Ashley@MarieEdmonds.com

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330-225-0600

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330-722-6186 www.MainStreetMedina.com

Main Street Medina is leading the effort for preservation, economic sustainability & continued evolution of Medina's Historic District as the heart of the community.





Pharmacy

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www.MedinaFamilyPharmacy.com

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Medina, OH 44256

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Dave Sambor

https://MyHealthArchitect.com

The biggest cause of bankruptcy over the age of 65 is medical bills. Many people over 65 may not be in the health plan that is right for them. Medicare health plans can change yearly. If you are currently on Medicare, you need to sit with a trusted independent agent between Oct 15 and Dec 7 to review your next years plans.

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Working as a team of independent brokers, the experts at David Berkley Insurance Group are free to work for our clients' best interest and aren't bound to a corporate agency only offering specific carriers.

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Patrick Althof Palthof@dbinsurancegroup.com

Mark Odabashian Modabashian@dbinsurancegroup.com



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(Insurance & Financial Services)

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440-793-7745

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We will compare and help you enroll into a Medicare insurance plan from the nation's largest and most trusted Medicare insurance providers, saving you time and making sure your confident you've selected a plan that works for your unique needs.

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330-239-1904

www.RaymondJames.com/ClausMeyer Claus.Meyer@RaymondJames.com

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I help people understand their Medicare Health Insurance. Whether you are already

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Lorrie Kormanec Licensed and Certified Agent 440-390-0815 Iorriek@medicareplansneo.com



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We do not offer every plan available in your area. Currently we represent up to 11 organizations which offer up to 165 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.

4

2025 / 2026 SENIOR SOLUTIONS (39) www.MedinaSeniorServices.org

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www.FoundationsHealth.net

A 91-Bed skilled nursing and transitional care facility located in the heart of Brunswick. We are proud to offer a calm, relaxing and upscale environment dedicated to enhancing ones healing and recovery. Some of the clinical capabilities we provide are Respiratory and Pulmonary program, Chronic Disease management, Short Term Rehabilitation, skilled nursing and so much more. Brunswick Pointe Transitional care is located on the corner of Laurel and Pearl Road.

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Divine at Pearlview is a post-hospital rehabilitation and skilled nursing care facility that offers comprehensive Post-Acute Recovery programs in a quaint, home like atmosphere. From our private suites available, Divine at Pearlview is committed to providing an outstanding level of physical, medical, emotional and spiritual support in an environment that provides dignity, respect and an enriched quality of life. Our facility provides some of the area's highest level of rehabilitation, nursing and medical support to individuals needing post-hospital care and services.

MOMENTOUS HEALTH (BLUE STREAM REHAB)

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330-659-6166

https://momentoushc.com/momentous-health-at-richfield

Momentous Health at Richfield is a 72 Bed Skilled Nursing Facility, located in Richfield, Ohio. We provide Short Term Rehabilitation, Long-Term Care and Respite Care. We also have a Secured Unit for Residents who may benefit from one. With an amazing staff, come and see why Momentous Health at Richfield is the preferred destination for Senior Care in Richfield.

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Senior Centers

MEDINA COUNTY SENIOR & ADULT SERVICES

(Formerly the Medina County Office for Older Adults) 246 Northland Drive, G-20 Medina, OH 44256

330-723-9514

www.mcsas.org

Medina County Senior Center is a full-service senior center available to all residents of the County! Our daily offerings include lunches, exercise classes, billiards, educational opportunities, art classes, support groups, entertainment and health checks.

SOPREMA SENIOR CENTER

617 School Drive Wadsworth, OH 44281

330-335-1513

www.WadsworthCity.com/285/ soprema-senior-center

Provides services for seniors, including health and wellness, social, educational opportunities and much more!

Senior Living Counseling & Assistance

ASSISTED LIVING LOCATORS

PO Box 13787 Fairlawn, OH 44134

330-222-5136

AssistedLivingLocators.com/Akron

Assisted Living Locators® offers free, personalized guidance to seniors and families, helping them navigate senior living options. Our local advisors provide expert, unbiased support to find the best care solutions.

DIRECTORY RESOURCE

Senior Living Counseling & Assistance (cont)

CARE PATROL OF NORTH CENTRAL OHIO

PO Box 39359 North Ridgeville, OH 44039 **216-308-4003**

www.NCohio.CarePatrol.com

We help families find assisted living, independent living, memory care and in-home care. We review the care and violation history of the communities we work with. We tour with our clients to our recommended facilities much like a realtor shows families new homes. We are a FREE community service!

OASIS SENIOR ADVISORS

14751 Regency Drive Strongsville, OH 44149

330-441-2935

www.OasisSeniorAdvisors.com/ strongsville-medina-akron

Oasis Senior Advisors helps families find senior living options for their loved ones, for free. Compassionate and knowledgeable advisors work alongside you to assess your health and financial situation and determine the communities and care levels that will be the right fit for you or your loved one.

Services, Supplies & Support (Medical & Non-Medical)

HAND IN HAND PATIENT ADVOCATES 330-461-0225

www.HandInHandPatientAdvocates.com sandy@HandInHandPatientAdvocates.com



The guidance you need for the care they deserve.

Unbiased solutions at no cost to you.

Independent Living/In-Home Care • Assisted Living Homes & Communities Personal & Adult Care Homes • Alzheimer's & Memory Care Communities





OASIS SENIOR ADVISORS

Senior living made simple.

Confused? Overwhelmed?

Oasis Senior Advisors is here to help. We assist in finding the "right fit" senior living solution.

FRFF

- A FREE in-depth consultation to identify needs
- Discuss financial options, location, and other care needs
- Provide a personalized list of local housing options
- Set up and tour communities with you
 - Once the right place is selected, we make transitions easy!

Stacey Streeter, CSA®, CDP Certified Senior Advisor® 330-441-2935

oasissenioradvisors.com/cleveland-south

Hand in Hand Patient Advocates provides personalized support and guidance to patients navigating the complexities of the healthcare system. Our experienced advocates work closely with individuals and families to ensure they fully understand their medical options, manage healthcare logistics, and communicate effectively with healthcare providers.

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There's a lot to love here.



At Brookdale, our Assisted Living Communities create exciting possibilities, so you can live your best life. With more parties, new hobbies, trips with friends and more time with family, we make falling in love with life easy.

CALL TODAY!

Brookdale Medina South

Assisted Living Alzheimer's & Dementia Care 100 High Point Drive Medina, OH 442560 (330) 723-0110

Brookdale Camelot Medina

Assisted Living 49-A Leisure Lane Medina, OH 442560 (330) 723-5825

BROOKDALE

SENIOR LIVING SOLUTIONS -



Bringing New Life to Senior Living

Be Aware... and Be Wary!

The Medina County Scam Squad is a financial fraud task force created by the Medina County Prosecutor's Office in conjunction with Medina County Senior and Adult Services, that unites nonprofits, social service agencies and local, state and federal law enforcement in the fight against scams. Our goals are to:

• Educate Medina County residents about different types of scams.



- Encourage Medina County residents to report scams.
- Share scam reports with the agency best-suited to investigate.

If you suspect you are involved with a scammer, you are not alone. We can help. Report suspicious calls and emails to Scam Squad.

